

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Fishcakes	Beef Bolognaise	Roast Chicken + Gravy	Chicken Curry	Chicken Goujons
Carbohydrate	Boiled Potatoes	Penne Pasta	Saute Potatoes	Rice	Potato Wedges
Vegetable	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Baked Beans
Vegetarian	Macaroni Cheese	Lentil Bolognaise	Vegetarian Hotpot	Veg Tikka Masala	Veg Lasagne
Pudding	Fruit and Yoghurt	Chocolate Sponge Pudding	Ice Cream	Apple Sponge	Fruit and Yoghurt
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Savoury Mince	Chicken & Pasta in Tomato & Herb Sauce	Roast Pork in Gravy	Shepherd's Pie	Fishcakes
Carbohydrate	Boiled Potatoes		Roast Potatoes		Oven Chips
Vegetable	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Baked Beans
Vegetarian	Chana Masala (Chick Pea)	Penne Pasta in Tomato and Basil Sauce	Vegetarian Sausage Casserole	Vegetarian Cottage Pie	Creamy Vegetable Cheese Bake
Pudding	Fruit and Yoghurt	Summer Fruit Crumble	Fruit and Ice Cream	Chocolate Sponge	Fruit and Yoghurt
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Chicken & Vegetable Casserole	Bean Chilli	Roast Beef & Gravy	Sweet & Sour Chicken	Chicken Goujons
Carbohydrate	Baby Potatoes	Pasta	Roast Potatoes	Rice	Oven Chips
Vegetable	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Baked Beans
Vegetarian	Root Vegetable Pie		Vegetable Gratin	Cauliflower, Spinach & Lentil Curry	Cheese and Onion Pie
Pudding	Fruit and Yoghurt	Chocolate Sponge	Fruit and Ice Cream	Vanilla Sponge	Fruit and Yoghurt