

Hipsburn Progressive PE Curriculum Intent 2021-2022

		Autumn Term		Spring Term		Summer Term	
Statutory Framework for the EYFS		1 st Half	2nd Half	1 st Half	2 nd Half	1st Half	2nd Half
EYFS	<ul style="list-style-type: none"> • Revise and refine the fundamental movement skills they have already acquired: - rolling - running - crawling - hopping - walking - skipping - jumping - climbing • Progress towards a more fluent style of moving, with developing control and grace. • Develop overall body-strength, balance, coordination and agility needed to engage successfully with future physical education sessions and other physical disciplines, including dance, gymnastics, sport and swimming. • Use their core muscle strength to achieve a good posture when sitting at a table or sitting on the floor. • Combine different movements with ease and fluency. • Confidently and safely use a range of large and small apparatus indoors and outdoors, alone and in a group. • Develop overall body strength, balance, coordination and agility. Negotiate space and obstacles safely, with consideration for themselves and others. • Demonstrate strength, balance and coordination when playing. • Move energetically, such as running, jumping, dancing, hopping, skipping and climbing 	Movement and Travel	Throwing and catching	Gymnastics	Games	Athletics	Ball Skills/ Cricket

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National Curriculum							
Key Stage 1	<ul style="list-style-type: none"> • master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities • Participate in team games, developing simple tactics for attacking and defending. • perform dances using simple movement patterns 	Team Games	Ball Skills	Gymnastics	Dance	Team Games Cricket	Athletics Cricket
Key Stage 2	<ul style="list-style-type: none"> • use running, jumping, throwing and catching in isolation and in combination • play competitive games, modified where appropriate (for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis), applying basic principles suitable for attacking and defending • develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics] • perform dances using a range of movement patterns • take part in outdoor and adventurous activity challenges both individually and within a Team • compare their performances with previous ones and demonstrate improvement to achieve their personal best. 	Team Games Yr 5/6 swimming and lifesaving	Competitive Games Yr 5/6 swimming and lifesaving	Team Games Yr 3/4 swimming	Dance Yr 3/4 swimming	Gymnastics Cricket extra swimming as required	Athletics Basketball extra swimming as required

Hipsburn Primary School Games Values: **Passion**, **Self-Belief**, **Respect**, **Honesty**, **Determination**, **Teamwork**

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<p>Plus for Year 3/4</p>	<ul style="list-style-type: none"> • swim competently, confidently and proficiently over a distance of at least 25 metres • use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] Spring term (Plus Summer term if required) •
<p>Plus for Year 5/6</p>	<ul style="list-style-type: none"> • swim competently, confidently and proficiently over a distance of at least 25 metres • use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] • perform safe self-rescue in different water-based situations Autumn term (Plus Summer term if required)
<p>Plus, whole school:</p>	<ul style="list-style-type: none"> • Daily Mile, Active Classrooms (including active learning, energy breaks, dance breaks, outdoor learning) School Games competitions KS2, Sports Committee, Sports Day, Multi-Skills Festival, Skipping Year 3, Leadership Year 4, Sports Hall Athletics Year 6 Transition, Beach School with Mudlarks, (adventurous activity) for each class each half term, Residential for Year 5 (adventurous activity) Targeting children who need additional activity with inclusive movement breaks e.g. weights, gardening, litter picking, moving equipment, branch work on the field etc.