

Main Menu Weeks 1 - 3. Autumn Term 2025 (from w/b 1st Sept)

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Cheese and Tomato Pizza	Sweet and Sour Chicken	Pasta in Tomato and Basil Sauce	Roast Beef in Gravy	Chicken Goujons
Carbohydrate	Potato Wedges	Basmati Rice		Roast Potatoes	Oven Chips
Vegetable	Seasonal Vegetables	Broccoli	Seasonal Vegetables	Carrots	Baked Beans
Vegetarian Option		Cauliflower, Spinach & Lentil Curry		Creamy Veg and Cheese Bake	Veggie Bites
Pudding	Fruit and Yoghurt/Sorbet	Chocolate Sponge Pudding	Jam Sponge	Ice Cream/Sorbet	Muffin
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Chicken & Veg Casserole	Sausages in Onion Gravy OR Savoury Minced Beef	Pasta in Tomato and Basil Sauce	Roast Chicken in Gravy	Fish Fingers
Carbohydrate	Sauté Potatoes	Potato Wedges		Roast Potatoes	Oven Chips
Vegetable	Peas	Sweetcorn	Seasonal Vegetables	Vegetable Medley	Baked Beans
Vegetarian Option	Moroccan Bean Casserole	Vegetarian Sausages		Cheese and Onion Pie	Veggie Bites
Pudding	Fruit and Yoghurt/Sorbet	Lemon Sponge	Chocolate Chip Sponge	Ice Cream/Sorbet	Muffin
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Pasta in Tomato and Basil Sauce	Chicken Curry	Beef Bolognese Sauce	Roast Pork & Gravy	Chicken Goujons
Carbohydrate		Basmati Rice	Penne Pasta	Sauté Potatoes	Oven Chips
Vegetable	Seasonal Vegetables	Peas	Broccoli	Carrots	Baked Beans
Vegetarian Option		Katsu Curry	Vegetable Lasagne	Creamy Veg and Cheese bake	Veggie Bites
Pudding	Fruit and Yoghurt/Sorbet	Apple Sponge	Orange and Lemon Sponge	Ice Cream/Sorbet	Muffin
Jacket Potato and fillings available daily					